

Usher in the little one better

LifeCell International will hold a free one-day antenatal programme for expectant mothers at Taj Gateway in Bangalore on Saturday, from 1.30 to 6.00pm. The session will be conducted by Rekha Sudarsan, psychologist and child birth educator. She is an expert trainer for mothers-to-be in pregnancy management. The educational programme will share tips and tools with the to-be-moms. The workshop is open for women who are 3-8 months pregnant. Call 09008790202 for more details.